MENU

We have temporarily reduced the scale of our menus during this time to help make your visit as enjoyable as possible and to avoid any unnecessary delays at your table.

This also assists in ensuring that our staff and customers are able to remain safe and comfortable while at the nursery.

BREAKFAST Served until 11:15am

Full Cornish breakfast

Tywardreath butchers sausage and smoked bacon, baked beans, fried or poached organic eggs, mushrooms, sautéed potatoes, herb roasted tomato and your choice of granary or farmhouse white toast ©

Gluten Free option available on request

Full Veggie breakfast

Sautéed mushrooms, herb roasted tomato, fried or poached organic eggs, baked beans, grilled halloumi, sautéed new potatoes and your choice of granary or farmhouse white toast ©

Gluten Free option available on request

Vegan option available

£11

Croque Monsieur

Pan fried, baked and grilled sandwich layered with ham, bechamel sauce, cheese and tomato. £9

Available without ham on request

Organic eggy bread

With Trewithen natural yoghurt and fruit compote. 0£8

Soft boiled Penbugle organic egg and gravlax

Topped with rocket and tomato concasse. ©£11

Breakfast muffins

Toasted English with an organic fried egg and your choice of field mushroom or smoked back bacon \pounds 7



SANDWICHES AND SALADS

Cornish crab sandwich

Cornish crab in a lemon and Nursery grown herb créme fraîche dressing with house pickled cucumber on farmhouse white bread.

Gluten Free option available on request **GF** ©£13

Roast vegetable and Bad Boy Chilli marinated mozzarella baguette

Topped with Nursery grown herb pesto.

Vegan option available

Gluten Free option available on request £10

Penbugle Farm organic egg and curried mayonnaise sandwich

With watercress on granary bread.

Gluten Free option available on request ©£8

Croque Monsieur

Pan fried, baked and grilled sandwich layered with ham, bechamel sauce, cheese and tomato. £9

Available without ham on request

Goats cheese and caramelised apricot salad

Mixed leaf dressed with raspberry vinaigrette, toasted walnuts and crispy potatoes. ©£13

Gluten Free option available on request

Tomato salad with grilled Cornish mackerel

Crispy capers, Nursery baked focaccia and gooseberry chutney. D£13

Gluten Free option available on request

MAINS

Tart of the day

Vegetarian tart with Trewithen butter crushed potatoes with spring onions and dressed salad. \pounds 11

Duchy woodland venison burger

In a rosemary focaccia roll with cos lettuce and tomato, served with fries and remoulade $\pounds 12$

Add Tywardreath butcher's smoked bacon and Davidstow cheddar cheese £2

Cornish honey and mustard home baked ham, Penbugle Farm organic fried eggs and fries ©£10

Sautéed asparagus and courgette penne pasta

Lemon and herb créme fraîche

Vegan option available ©£11

Nurseryman's lunch

Tywardreath butcher's smoked bacon and Penbugle Farm's organic egg pie, Cornish Gouda, remoulade, pickled vegetables and dressed salad. £12

SIDES

Fries with garlic and lime mayonnaise ± 3

Add Davidstow cheddar cheese £1

Garlic bread £3

Add Davidstow cheddar cheese £1

Sautéed greens with herb and lemon oil £3

Hummus and crudities £3

PUDDINGS

Pimms trifle

With summer fruits £6

Lemon curd and vanilla cheesecake

Nursery grown lavender syrup and berry compote £6 $\,$

St Clement's treacle tart

Trewithen clotted cream £6

MOOMAID OF ZENNOR ICE-CREAM

SHIPWRECK (sea salt, caramel and honeycomb)

CHOCOLATE

STRAWBERRY AND CLOTTED CREAM PASSION FRUIT SORBET LEMON SORBET

£2 a scoop

Add clotted cream for £1

CAKES AND TREATS

Chocolate and berry cake (Vegan) £4

Courgette and lime cake with lemon curd frosting £4

Victoria sponge £4

Berry and coconut gateaux £4

Carrot cake slice topped with caramelised nuts £4

Chocolate brownie (Gluten free) 3.50

Lemon and raspberry polenta slice £3.50

Fruit and nut flapjack £3.50

Add clotted cream £1 | Custard £1.50 | Moomaid ice-cream £2

Cornish cream tea

Two freshly baked scones of your choice, Trewithen clotted cream, Boddington's strawberry or blackberry jam and tea or filter coffee. $\pounds 6$

Additional £1 for espresso coffees or soft drink

AFTERNOON TEA

Our take on the classic afternoon tea.

A lovely way to celebrate any special occasion on the terrace in the sunshine, in the elegance of the glasshouse, in the splendour of the café or even to take back to the comfort of your own home

Please ask for current seasonal afternoon tea menu

£17.50/22.50 with the addition of prosecco £15/20 to takeaway

Reservations between 2.30pm and 3.45pm Monday to Sunday

PLEASE READ

If you have any dietary requirements or food allergies please ask a member of the team who will gladly supply you with detailed information on our menu items.

All items noted with gluten free option available are or can be made upon request with gluten-free ingredients but may not be prepared or served in a totally gluten-free environment.

All items marked with © are available as smaller portions for under 12's







Origin are a leading speciality coffee roaster in the UK. Their approach to sourcing is through a philosophical and ethical practice Co called direct trade; each year they travel across continents, through different countries, meeting generations of farmers in search of incredible coffee. The story behind every cup is unique and they thrive on sharing these stories with you.

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Cappuccino	£3.00
Latte	£3.00
Americano	£2.75
Mocha	£3.00
Espresso	£2.50
Flat white	£3.00
Single origin batch brew filter	£2.75
Iced coffee	£3.00
Add syrup to any hot drink	£1.00
vanilla - coconut - caramel - chai	
All of our coffees come as a double shot and can	
be made as decaf. Smaller coffees are available	
on request.	

HOT CHOCOLATES

Belgian chocolate buttons steamed with Trewithen Dairy milk £3

Choose from Dark, milk, or white chocolate

Add a luxurious topping £1.50

Whipped cream, marshmallows and chocolate sauce. Whipped cream, chocolate flake and caramel sauce. All our hot drinks can be made using skimmed, soya or oat milk at no extra charge.

Tregothnan

Tregothnan created the first tea gardens in the UK in 1999. Tea thrives in this special microclimate thanks to an 18 metre deep sea creek keeping the temperature close to Darjeeling in India, all year round. In 2005, once the first bushes reached maturity, Tregothnan sold the first truly English cuppa, giving tea home on British soil for the first time in history.

We are delighted to showcase the selection below. Great British tea | Earl grey | Green tea

Lemon verbena | Manuka | Peppermint | Chamomile | Red berry

All £3

Available upon request Organic Clipper tea for one £2 Organic decaf | Red bush

DRINKS

	46200
BOTTLED DRINKS	
Cornish mineral water (still/sparkling)	£2.00 £4.00
Cornish Orchards cranberry & raspberry sp	arkle £3.00
Cornish Orchards elderflower pressé	£3.00
Cornish Orchards ginger beer	£3.00
Cornish Orchards lemonade	£3.00
Cornish Orchards apple juice	£3.00
Frobishers bumbleberry	£3.50
Diet Coke	£2.50
Fever Tree Mediterranean tonic water	£2.50
Signature gin and tonic	
Stafford's gin from Colwith Farm's Stafford	s gin, Fever tree
Mediterranean tonic, fresh lime and rosem	arry.

BEERS AND CIDERS

Cornish Orchards Gold Cider (500ml)5%

Refreshing cider with fruity apple tones. Lightly sparkling, fruity crisp £5

Cornish Orchards Blush cider (50ml) 4%

Fruity aroma of raspberries. Made using a blend of sweet dessert apple to give a light, fruity finish. Fruity, refreshing, well balanced £5.50

Korev (500ml) 4.8%

£6 | £8.50

Helles style Cornish lager, with a wonderful pale colour and a clean, crisp, taste. £5.00

Proper job (500ml) 5.5%

Indian pale ale packed full of citrus, pineapple and grapefruit resinous flavours with a fine crisp bitter finish. £5.50

Menua Dhu stout (500ml)4.5%

Brewed using a blend of six different malts for richness, depth, and a distinctive flavour. 500ml £5.50

Brooklyn Special effects Larger 335ml o.4%

Using a special fermentation method that develops the flavors, aromas & character of beer with none of the alcohol, and a

	WHITE WINE	175ML	250ML	BOTTLE
	Sauvignon Blanc. Vistamar Brisa Central Valley. Chile Grapefruit and green apple. Fresh and fruity with a clean finish.	£5.50	£6.50	£19
	Chardonnay. Murphy's big river Australia Passionfruit and mango with hints of honey and vanilla. Rich and creamy with peach and sweet citrus flavours.	£5.50	£6.50	£22
	Pinot Grigio. Veneto. Belfiore. Italy A rich nutty, dry white. Hints of white peach and quince.	£6.50	£7.50	£22
īy,	Chenin Blanc. False Bay Coastal Western Cape. South Africa Ripe apple and honey aromas.	£6.50	£7.50	£22
les	Sauvignon Blanc. Brook Ridge Marlborough. New Zealand Lemon, grapefruit and spices, hint of tropical fruits.			£26
	©Chablis. AC. Domaine			£32

∾Seguinot-Bordet J.F Bordet. France

Clean Chardonnay characteristics, with floral, honeyed flavours. Steely dry.

All wines that are available by the glass can be bought in 125 ml measures for £1 less than the 175ml price



2018	RED WINE Merlot. Vistamar Brisa. Central Valley. Chile Fruity with rounded tannins leading to a long finish of mature fruits.	175ML £5.50	250ML £6.50	BOTTLE £19
2017	Rioja Vega. Sin Crianza. Bodegas Muerza. Spain Soft and fruity with flavours of plums and blackcurrants. Vibrant and juicy.	£6.50	£7.50	£22
2017	Shiraz. Murphy's Big River. 2017/18. Australia Spicy white pepper, ripe plums. Rich palate, well balanced.	£6.50	£7.50	£22
2017	Paparuda Pinot Noir. Estate Selection Romania Ripe berry fruits, a core of oak ageing and a lively and vibrant character. Fresh and crunchy with hints of spice.	n £6.50	£7.50	£23
2015	Fleurie. AC. Domaine de La Presle France Elegant, full bodied and velvety smooth. Delightfully fragrant and fruity, with aroma	as of violet	S,	£32

ROSE WINE	175ML	250ML	BOTTLE
Gris de Cabernet. Rose.			
Les Classiques	£6.50	£7.50	£22
IGP. Coteaux de L'Ardeche. France			
Bright rose petal hues, elegant dry			

FIZZ

roses and iris.

2017

Prosecco. Brut. D.O.C. **BOTTLE Terre di Giulio** £24.00

La Pieve. Mionetto. Italy

palate with a fresh balance.

Fresh, lively and aromatic with hints of almonds and acacia.

Prosecco. Brut D.O.C. Terre di Giulio £8 20cl bottle - single serve

Camel Valley Brut. Methode Traditionelle £50.00

Cornwall
Crisp, fresh, long lasting bubbles. Made and produced less than ten miles from the Duchy Nursery. Granted a Royal Warrant in 2018!

Camel Valley Pinot Noir Rose. Methode Traditionelle £5

Cornwall

Floral and strawberry aromas, pure refreshing palate.

Granted a Royal Warrant in 2018!