

THE  
**ORANGERY**

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**BREAKFAST**

*Monday - Saturday served until 11.15am*

*Sunday served until 11am*

**FULL BREAKFAST**

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**The Duchy 14**

Local sausage and smoked bacon, baked beans, fried or poached organic eggs, Portobello mushroom, herb roasted tomato & local hog's pudding. Your choice of white or granary toast

**The Garden 12.5**

Portobello mushroom, steamed greens, herb roasted tomato, fried or poached organic eggs, baked beans & thyme roasted potatoes. Your choice of white or granary toast V

**SANDWICHES**

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**BLT 8.5**

Local smoked bacon, sliced tomato, lettuce & tarragon mayonnaise on buttered white or granary bread

**The Duchy Bun 13**

Seasoned local sausage patty, Cornish smuggler cheese, fried egg, streaky bacon & brown sauce caramelised onions on a croissant roll

**STACKED**

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**Buttermilk Pancakes 11.5**

Stack of pancakes with smoked local streaky bacon & pure Canadian maple syrup or blackberry jam sauce & Cornish clotted cream

add a fried organic Duchy egg 12.5

**ALLERGIES / SPECIAL REQUESTS:**

If you have any dietary requirements, food allergies or intolerances, please ask a supervisor who will gladly supply more information or extra available options for your food or drink selections are dedicated to best providing for your needs wherever possible. Please note however, that we cannot guarantee that our dishes are free from trace allergens.

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**BREAKFAST**

*Monday - Saturday served until 11.15am*

*Sunday served until 11am*

**DUCHY EGGS**  
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**Benedict 12**

Two poached organic eggs, glazed baked ham  
& hollandaise sauce on an English muffin

**Florentine 12**

Two poached organic eggs, Mornay sauce  
& steamed greens on an English muffin V

**Royale 13**

Two poached organic eggs, smoked salmon & hollandaise  
sauce on an English muffin

**Avocado Wake-Up 12**

Two poached eggs on granary toast with guacamole  
& Sriracha sauce V

**HOT & BUTTERED**  
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**Toast 4**

Thick-cut white or granary toast with a choice of spreads  
& West Country butter V

**Bagel 5**

Toasted bagel with chive cream cheese V  
add smoked salmon 9.5

**Toppings**

Boddington's jams & marmalade / peanut butter /  
Marmite / Nutella

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**LUNCH**

**NIBBLES**

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Nocellara Olives 4

Duchy rosemary hickory smoked almonds 4

**MAIN COURSES**

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**Local pheasant 17** ~ Pan-fried Lanhydrock Estate pheasant breast, confit pheasant croquette, creamed leeks & wild mushrooms, game sauce **GF**

**Classic croque monsieur 11** ~ Honey mustard baked ham, aged cheddar Mornay, tomato & rocket salad  
Upgrade to a Madame with a fried Duchy egg **12**

**French toast 11.5** ~ Eggy bread with smoked streaky bacon, a fried egg & Canadian maple syrup

**Fish chowder 16** ~ Smoked haddock, salmon & Cornish mussels, Duchy herb scone

**Duchy smoked mackerel bruschetta 12.5** ~ Boiled Duchy organic egg & pickled cucumber, horseradish green sauce

**Broccoli, roasted onion & cheddar quiche 13.5** ~ Little gem salad, roasted pepper sauce **V**

**Autumn salad 15** ~ Endive & roasted butternut squash, Cornish blue cheese, pear & pecans **V/GF**

**Levantine bowl 16** ~ Hummus, olives, grilled courgette, ras el hanout carrots, tomato salad, crisp bread & tzatziki **V**

**PUDDINGS**

**Clementine & white chocolate-steamed pudding 8** ~ Eggnog custard **V**

**Black Forest truffle 9.5** ~ Duchy spring water & truffled dark chocolate, cherries **VG/GF**

**Sea buckthorn sorbet 7** ~ Lostwithiel seaberry sorbet & candied pecan brittle **VG/GF**

**Cheese 8.5** ~ Please ask about today's cheese. Apple jelly & warm honey fruit bread

**SIDE DISHES £5**

Mixed seasonal vegetables & salsa verde **VG/GF**

New potatoes & gremolata **VG/GF**

Garden Salad **VG/GF**

Skinny fries **VG/GF**

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**LUNCH**

*£25 for 2 courses*

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**MAINS**

**Beef ragu pappardelle**

Rich tomato, red wine & beef ragu with wide pasta ribbons, gremolata & Cornish gouda cheese

**Pan-fried Cornish plaice**

Black olive crushed potatoes, grilled courgette & Hollandaise sauce **GF**

**Jerusalem artichoke gratin**

Grilled king oyster mushrooms & toasted hazelnuts, winter slaw **VG**

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**PUDDINGS**

**Chestnut & spiced pumpkin turnover**

Cornish clotted cream vanilla ice cream **V**

**Black Forest truffle**

Duchy spring water & truffled dark chocolate, cherries **VG/GF**

**Cheese**

Please ask about today's cheese.  
Cider jelly & warm honey fruit bread

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FESTIVE AFTERNOON TEA

SAVOURY

'Old' Cornish Duchy scotch egg & piccalilli

Finger sandwiches -

Roast turkey, stuffing & cranberry

Smoked salmon & chive cream cheese

Classic cucumber

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HAND MADE FANCIES

Stollen slice

Mini mince pie

Chocolate orange delice

Cranberry macaron

Mulled wine jelly & toasted meringue shot

FRESHLY BAKED FRUIT  
& PLAIN SCONES

Cornish clotted cream,

Boddington's strawberry jam V

£30 per person

*Choose from our range of Tregothnan teas  
or Origin coffees to accompany your food*

£36 per person with Prosecco

£50 per person with Camel Valley (min 4 people)

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*Gluten-Free Festive Afternoon Tea*

SAVOURY

'Old' Cornish Duchy scotch egg & piccalilli

Finger sandwiches -

Roast turkey, stuffing & cranberry

Smoked salmon & chive cream cheese

Classic cucumber

HAND MADE FANCIES

Mince pie

Chocolate orange delice

Cranberry macaron

Mulled wine jelly & toasted meringue shot

FRESHLY BAKED FRUIT  
& PLAIN SCONES

Cornish clotted cream,

Boddington's strawberry jam V

£30 per person

*Choose from our range of Tregothnan teas  
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£36 per person with Prosecco

£50 per person with Camel Valley (min 4 people)

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*Vegetarian Festive Afternoon Tea*

SAVOURY

Boiled Duchy egg & salsa verde lettuce cup

Finger sandwiches ~  
Aged Cornish cheddar & chutney  
Classic cucumber  
Roasted pepper & tapenade

HAND MADE FANCIES

Mince pie  
Chocolate orange delice  
Cranberry macaron  
Blackberry fool shot  

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FRESHLY BAKED FRUIT  
& PLAIN SCONES

Cornish clotted cream,  
Boddington's strawberry jam

£30 per person

*Choose from our range of Tregothnan teas  
or Origin coffees to accompany your food*

£36 per person with Prosecco

£50 per person with Camel Valley (min 4 people)

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## WINES

### THE WHITES

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#### L'Oie du Perigord. IGP. Sauvignon Blanc

France. Clear golden colour with pale green tints. There are citrus fruits with aromas of lemon and grapefruit on the nose. Very nice fruity flavours in the mouth with a lively attack. It is soft, delicate and fresh.

175ML 7 | 250ML 8.5 | Bottle 25

#### Pinot Grigio. Delle Venezie. Terre di Castelnuovo

Italy. A rich nutty, dry white wine. Hints of white peach and quince on a crisp, weighty palate.

175ML 6.5 | 250ML 8 | Bottle 23

#### Adobe Reserva Chardonnay. Organic

Chile. A clear, bright, wine with refreshing citrus aromas of grapefruit and lime that intermingle with subtle tropical fruit aromas, especially pineapple, and a touch of herbs.

175ML 8 | 250ML 9.5 | Bottle 27

#### Sauvignon Blanc. Brook Ridge. Marlborough

New Zealand. Subtle, zingy aromas of lemon, grapefruit and spices, with a hint of tropical fruits. Delicious fresh finish on the palate.

175ML 8.5 | 250ML 10.5 | Bottle 30

#### Cave de l'Ormarine 'Préambule'. Picpoul de Pinet

France. Gently perfumed, ripe melon fruit and fresh citrus on the nose. The palate is ripe but retains excellent freshness, balanced by a touch of white pepper spice that is very typical of its grape variety. Deliciously long on the finish.

175ML 8.5 | 250ML 10.5 | Bottle 30

#### Gavi di Gavi. DOCG. Cantine Volpi. Piedmonte

Italy. Apples and blossom on the nose, and steely and elegant on the palate with a refreshing acidity and a pleasing length. Harmonious and persistent flavours.

175ML 10 | 250ML 14 | Bottle 38

#### Knightor. Carpe Diem

Cornwall. The floral bouquet is followed by a palate which is dry and crisp with generous citrus flavours and excellent purity.

Bottle 40

#### Chablis. AC. Domaine Seguinot-Bordet

France. Clean Chardonnay characteristics with floral, honeyed flavours. Steely dry. The 12 hectare estate is one of Chablis' oldest. An outstanding example from this famous region.

Bottle 48

### THE ROSÉ

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#### Cote Mas Rosé. Domaine Mas

France. A delightful rosé that's light, crisp and fruity. It offers lovely red and black fruit aromas, particularly cherry and blackcurrant. This wine is full-bodied and balanced on the palate with beautiful flavours on the finish.

175ML 7 | 250ML 8.5 | Bottle 25

#### Allan Scott Estate Rosé

New Zealand. Floral and lemon aromas with subtle underlying tropical notes. Beautifully balanced with mouth-watering acidity.

175ML 8.5 | 250ML 11 | Bottle 32

#### Knightor. Carpe Diem Rosé

Cornwall. Fresh summer fruit and floral notes; there is a hint of oak leading to a clean fresh palate.

Bottle 45



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## WINES

### THE REDS

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#### L'Oie du Perigord. IGP. Merlot

France. Nice dark ruby colour, with a bouquet of red fruits and hints of vanilla and licorice. Fruity and fleshy flavours on the palate, which is well balanced and rounded, with some vanilla and toasted aromas, and good fruit on the palate.

175ML 7 | 250ML 8.5 | Bottle 25

#### Rioja Vega. Sin Crianza. Bodegas Muerza

Spain. Soft and fruity with flavours of plums and blackcurrants. Vibrant and juicy. Tempranillo grapes are used to make a soft easy style.

175ML 7 | 250ML 8.5 | Bottle 25

#### Adobe Reserva Pinot Noir. Organic

Chile. Expressive aromas of raspberries and red cherries are intertwined with notes of mocha and bitter chocolate. The palate is complex, fresh, elegant and delicate with a fruity and juicy sensation.

175ML 7.5 | 250ML 9 | Bottle 26

#### Cotes du Rhone. AC. Domaine Berthet-Rayne. Organic

A very fine dark red wine with a fruity nose reminiscent of ripe fruit, pear, and strawberry jam. The tannins blend well with a smooth palate, which has a finish of spices and vanilla.

175ML 8.5 | 250ML 11 | Bottle 33

#### Caoba Estate Oaked Malbec

Argentina. Caoba is 100% Malbec with soft tannins and well integrated oak. A medium bodied easy drinker with good concentration and length. An amazing wine for the price. Soft elegant and persistent, with a pinch of fruit and spice flavours and persistent finish.

175ML 8.5 | 250ML 11 | Bottle 28

#### Fleurie. AC. La Riene de L'Arenite Madone

France. Elegant, full bodied and velvety smooth. Delightfully fragrant and fruity, with aromas of violets roses and iris, together with a garnet colour. The "Queen" of Beaujolais wines.

Bottle 40

### THE FIZZ

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#### Prosecco Vispo Alegro Treviso

Italy. Dry, fresh and clean with a harmonious and pleasantly vivacious palate. It has intense characteristic fragrances of acacia and wisteria flowers. Apples, pears and apricots in a light alcohol style.

175ML 8 | Bottle 27

#### Lunetta Prosecco Rosé Spumant

Italy. Fresh berry aromas and a fine mousse lead to redcurrant and citrus notes on the palate, balanced by bright acidity and a clean, dry finish.

Bottle 32

#### Camel Valley Brut. Vintage. Methode Traditionelle

Cornwall. This is a crisp, fresh sparkler with good fruit and elegant, long lasting bubbles. Made and produced less than ten miles from the Duchy Nursery. Granted a Royal Warrant in 2018!

Bottle 60

#### Camel Valley Sparkling Pinot Noir Rose. Vintage

Cornwall. Beautifully balanced light Pink traditional method sparkling wine with classic English Pinot character. Made and produced less than ten miles from the Duchy Nursery. Granted a Royal Warrant in 2018!

Bottle 75

#### Laurent Perrier La Cuvée Brut Champagne

France. La Cuvée is a uniquely fresh fizz made predominantly from Chardonnay. Aromas of white blossom, citrus and peach are balanced by delicate toasty notes.

Bottle 75

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## DRINKS

### SOFT DRINK

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Homemade Duchy Botanical Lemonade	4
Polgoon Elderflower Presse	3.5
Navas Ginger Beer	3.5
Fevertree Cucumber Tonic	3
Fevertree Light Tonic	3
Cloudy Apple Juice or Squeezed Orange Juice	3.5
Duchy Lemon Iced Tea	5
Diet Coke/Coke	3.5
Cornish Mineral Water Still / sparkling	2.5 / 4

### MOCKTAILS

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<b>Bloody Mary</b> A classic Bloody Mary, medium spiced.	7
<b>Cucumber and Elderflower Spritz</b> A light and refreshing elderflower botanical Nursery cocktail, cucumber tonic.	7

### SPIRITS

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<b>Duchy Nursery Signature Gin 40% with a mixer</b> A unique botanical yet classic dry gin, distilled in small batches. When infused with nursery honey and handpicked lavender, rose, bay and rosemary, the very essence of the nursery is captured. Single 7.5   Double 9.5
<b>Aval Dor Vodka 40% with a mixer</b> Smooth and creamy Cornish Potato vodka. Single 7.5   Double 9.5
<b>Copperfish Spiced Rum 40% with a mixer</b> Fabulously smooth, also great over ice, with a slice of lime. Single 7.5   Double 9.5

### BEERS AND CIDERS

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<b>Cornish Orchards Heritage Cider</b> (500ml) 5% Full-bodied and gently sparkling with a ripe apple flavour.	6.5
<b>Korev (500ml) 4.8%</b> Helles style Cornish lager, with a wonderful pale colour and a clean, crisp, taste.	6.5
<b>Dynamite TNT IPA (500ml) 4.8%</b> Crisp, easy drinking with bitter hop kick.	6

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## DRINKS

### COCKTAILS

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<b>Bloody Mary</b>	11
A classic Bloody Mary, Aval Dor Vodka, medium spiced.	
<b>Bucks Fizz</b>	8.5
Prosecco with freshly squeezed orange juice.	
<b>Duchy Style Negroni</b>	11
Classic Negroni made with our botanical Duchy gin, Knightor rose vermouth and Campari.	
<b>Espresso Martini</b>	11
A velvet rich coffee Martini with Aval Dor Vodka	

### HARD ICED TEAS

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<b>Salted Pistachio and Honey Manuka Hard Iced Tea</b>	11
A savoury, sweet spin on an iced tea. Nursery gin infused with Tregothnan manuka tea blended with a homemade pistachio and Cornish honey syrup.	
<b>Raspberry Infused Arnold Palmer Hard Iced Tea</b>	9.5
A sweet spin on an old classic. Aval Dor Vodka infused with Tregothnan earl grey tea blended with a homemade raspberry lemonade twist.	

### ORIGIN COFFEE

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<b>Flat White</b>	3.5
<b>Cappuccino</b>	3.5
<b>Latte</b>	3.5
<b>Americano</b>	3.5
<b>Mocha</b>	3.5
<b>Double Espresso</b>	3.5
<b>Belgian Milk Hot Chocolate</b>	3.75

### TREGOTHNAN TEAS 3.5

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#### Afternoon Tea

Tregothnan Afternoon Tea is hand-picked in Cornwall and blended with the Champagne of teas, Darjeeling. This quintessentially British beverage is light, clean and delicate with a pure tea taste.

#### Earl Grey Tea

This blend is the ultimate tribute to Earl Grey created by his ancestors here at Tregothnan. Tregothnan Earl Grey is a blend of rare Cornish tea leaves and the finest Assam, infused with pure Bergamot oil.

#### Green Tea

Our Green Tea is a smooth and refreshing blend of Tregothnan's greenest leaves - lightly oxidised, then dried and blended with the finest Chinese green tea.

#### Rose Tea

Rose Tea is quintessentially British and is as beautiful as it is delicate. The soft floral notes of the sweet rose lighten the malt flavours from the black tea leaves.

#### Chamomile Tea

Calming, soothing and relaxing and prized in ancient Egypt for its great curative properties. Tregothnan's chamomile infusion uses flowers with stems which has a more fulsome and intense flavour. Beautifully aromatic and sweet, Chamomile has a calming taste.

#### Lemon Verbena Tea

Found growing in the family's botanical gardens, these cut leaves give a wonderfully rich lemon scent and piquant taste when infused. Zingy, zesty, fresh and subtly spicy with a tangy bite, this tisane is the perfect after dinner digestif.

#### Manuka Tea

First introduced to the kitchen garden at Tregothnan in the 1800s this Manuka infusion is native to New Zealand. Famous for its medicinal properties the Māori people drink this to cure a fever. Subtly sweet with a spicy finish.

#### Peppermint Tea

This pure whole leaf Peppermint infusion has a unique fresh aroma to match its distinctive natural taste. Clean, clear, cleansing and intensely flavoursome, this tisane is a perfect refreshing digestif.