



DUCHY of CORNWALL  
NURSERY

BREAKFAST SAMPLE MENU

MONDAY - SATURDAY SERVED UNTIL 11:15AM

SUNDAY SERVED UNTIL 11AM

FULL BREAKFAST

**The Duchy 14**

Local sausage and smoked bacon, baked beans, fried or poached organic eggs, Portobello mushroom, herb roasted tomato & local hog's pudding. Your choice of white or granary toast

**The Garden 12.5**

Portobello mushroom, steamed greens, herb roasted tomato, fried or poached organic eggs, baked beans & thyme roasted potatoes. Your choice of white or granary toast **V**

SANDWICHES

**BLT 8.50**

Local smoked bacon, sliced tomato, lettuce & tarragon mayonnaise on buttered white or granary bread

**The Duchy Bun 13**

Seasoned local sausage patty, Cornish smuggler cheese, fried egg, streaky bacon & brown sauce caramelised onions on a croissant roll

STACKS

**Buttermilk pancakes 11.5**

Stack of pancakes with smoked local streaky bacon & pure Canadian maple syrup or blackberry jam sauce & Cornish clotted cream

add a fried organic egg **12.5**

DUCHY EGGS

**Benedict 12**

Two poached organic eggs, glazed baked ham and hollandaise sauce on an English muffin

**Florentine 12**

Two poached organic eggs, Cornish cheddar Mornay sauce & steamed greens on an English muffin **V**

**Royale 13**

Two poached organic eggs, smoked salmon on a English muffin, hollandaise sauce

**Avocado wake-up 12**

Two poached eggson granary toast with guacamole & Sriracha sauce **V**

HOT & BUTTERED

**Toast 4**

Thick cut white or brown toast with a choice of spreads & West Country butter **V**

**Teacake 4**

Toasted sweet fruit bun & West Country butter **V**

**Bagel 5**

Toasted bagel with chive cream cheese **V**  
add smoked salmon **9.5**

**Toppings**

Boddington's jams & marmalade / peanut butter / Marmite / Nutella

**ALLERGIES / SPECIAL REQUESTS:**

If you have any dietary requirements, food allergies or intolerances, please ask a supervisor who will gladly supply more information or extra available options for your food or drink selections. We are dedicated to best providing for your needs wherever possible. Please note however, that we cannot guarantee that our dishes are free from trace allergens.



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CAFÉ LUNCH SAMPLE MENU

SERVED FROM 12 NOON- 3pm EVERY DAY - NO NEED TO BOOK

BIG BOWLS

Levantine bowl 16

Hummus, olives, grilled courgette, ras el hanout carrots, tomato salad, crisp bread & tzatzki VG

Fish chowder 16

Smoked haddock, salmon & Cornish mussels, Duchy herb scone with garlic rosemary butter

Autumn salad 15

Belgian endive & roasted butternut squash, Cornish blue cheese, pear & candied pecans V/GF

Seasonal soup 9

Please ask about today's soup, served with grilled focaccia & salsa verde

LARGE PLATES

Broccoli, roasted onion & cheddar quiche 13.5

Steamed broccoli, roasted red onion, Cornish clotted cream & aged cheddar quiche with little gem salad, roasted pepper sauce V

French toast 11.5

Triple decker stack of eggy bread with smoked streaky bacon, pure Canadian maple syrup & fried Duchy egg

Beef ragu pappardelle 16.5

Rich tomato, red wine & beef ragu with wide pasta noodles, gremolata & Cornish gouda cheese

Jerusalem artichoke gratin 15

Grilled king oyster mushrooms & toasted hazlenuts, winter salw VG

SANDWICHES

Duchy smoked mackerel bruschetta 12.5

Boiled Duchy egg, pickled cucumber & horseradish salsa verde

Classic croque Monsieur 11

Make mine a Madame 12  
Honey mustard baked ham, aged cheddar Mornay, tomato & rocket salad. Upgrade to a Madame with a fried Duchy egg

DUCHY EGGS 13 each

Two poached organic eggs served on an English muffin with waffle fries

Benedict

Honey mustard glazed ham & hollandaise sauce

Florentine V

Wilted greens & Cheddar mornay sauce

Royale

Smoked salmon & hollandaise sauce

SIDE DISHES 4.50

Sauté mixed vegetables VG/GF

Skinny fries VG

Roasted new potatoes with gremolata VG/GF

Mixed garden salad, lemon thyme vinaigrette V

Duchy rosemary & wild garlic buttered focaccia V

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## DUCHY ROASTS - SAMPLE MENU

Festive roast turkey, stuffing & cranberry sauce 17  
Cornish roast beef topside (pink or medium) with slow cooked beef rib,  
Yorkshire pudding 18  
Thick sliced homemade nut roast, red currant sauce 16.5 VG

The above are served with roast potatoes & all the trimmings

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## PUDDINGS

### Bread & butter pudding 8.5

Apricot glaze, with clotted cream vanilla ice cream or  
Cornish clotted cream

### Moomaid Ice Creams & Sorbets 3 scoop GF

Please ask about today's flavour selection

### Chocolate fudge & salted peanut sundae 7.5

Moomaid clotted cream vanilla ice cream, chocolate  
brownie, salted caramel sauce, roasted peanuts  
V/GF

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## CREAM TEA

### Cornish cream tea 8.5

Two freshly baked scones of your choice,  
Cornish clotted cream,  
Boddington's strawberry jam & Cornish tea V

## FROM THE COUNTER ~ SWEET TREATS & CAKES

Carrot cake - Carrot & burnt orange sauce 4.5 V

Black Forest yule log - Cherry compote & cream 5.5 V/GF

Coffee walnut cake - Espresso syrup 5

Cinnamon toffee apple Bundt cake - apple sauce 5

Chocolate, lime & coconut cake - Bitter lime sauce 5 VG

Toasted Teacake - West Country butter 4 V

Warm aged cheddar & herb scone - cider apple chutney 5 V

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# CHILDREN'S SAMPLE MENU

12 YEARS OLD AND UNDER

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## BREAKFAST Until 11.15

### Duchy breakfast 7

Local sausage, beans, scrambled egg and white or granary toast

### Beans on toast 5

Classic baked beans on toast **VG**

### Bacon sandwich 6

Local smoked bacon sandwich on white or granary bread

### Pancake stack 6

Three pancakes with maple syrup **V**

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## LUNCH

### French toast 6

With smoked streaky bacon & Canadian maple syrup

### Baked ham or Cornish cheddar cheese sandwich 6

With sliced tomato on white or granary bread,  
served with apple slices

### Banger & Roasties 8 **GF**

A local sausage, roast potatoes, peas and gravy

### Penne Pomodoro 7 **V**

Penne pasta with tomato & pepper sauce, grated cheddar cheese

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CAFÉ WINES

WHITE WINE

**Les Terrasses - Grenache Blanc/  
Sauvignon**

France. Easy drinking with intensely rich flavours & a minty finish.

| 175ML 6.5 | 250ML 7.5 | Bottle 23 |

**Los Picos Chardonnay Reserva**

Chile. An expressive, fresh & savoury wine, with stone fruit notes. Balanced & a persistent finish.

| 175ML 6.5 | 250ML 8 | Bottle 23 |

**Pinot Grigio, Delle Venezie Terre  
di Castelnuovo**

Italy. A rich, nutty, dry white. Hints of white peach and quince on a crisp, weighty palate.

| 175ML 6.5 | 250ML 8 | Bottle 23 |

**Sauvignon Blanc - Brook Ridge 2018**

Marlborough. New Zealand. Lemon, grapefruit and spices with hint of tropical fruits.

| 175ML 8.5 | 250ML 10.5 | Bottle 30 |

FIZZ

**Prosecco Vispo Alegro Treviso**

Italy. Dry, fresh & clean with a harmonious & pleasantly vivacious palate.

| 20cl bottle (single serve) 9 | Bottle 26 |

**Prosecco Rose Lunetta D.O.C. Treviso**

Italy.

20cl bottle (single serve) 9

**Camel Valley Brut. Vintage, Methode  
Traditionelle**

Cornwall. Crisp, fresh, with long lasting bubbles. Made and produced just a few miles away from the Duchy Nursery. Granted a Royal Warrant in 2018. Bottle 60

RED WINE

**Les Terrasses - Merlot/Syrah**

France. Soft & ripe red fruits with a touch of black pepper spice, and a long smooth finish.

| 175ML 6.5 | 250ML 7.5 | Bottle 23 |

**Bush Ranger Shiraz**

Australia. There is a nose of smoky rich fruits with a touch of mint. Smooth & spicy flavours on the finish.

| 175ML 6.5 | 250ML 8 | Bottle 23 |

**Rioja Vega. Sin Crianza, Bodegas Muerza**

Spain. Soft & fruity with flavours of plums & blackcurrants. Vibrant & juicy. Tempranillo grape are used to make a soft easy style.

| 175ML 7 | 250ML 8.5 | Bottle 25 |

ROSÉ WINE CO

**Les Terrasses Rosé, Grenache/Merlot**

France. Fresh & deliciously dry with hints of violets & berry fruits & an elegant touch of acidity.

| 175ML 6.5 | 250ML 8 | Bottle 23 |

**Cougars Moon Zinfandel Rosé**

California, USA. Light red berry summer fruits, easy drinking medium sweet rose. Fragrant with a vibrant character & refreshing finish.

| 175ML 6.5 | 250ML 8 | Bottle 23 |

# CAFÉ DRINKS

## ORIGIN COFFEE

All our coffees come as a double shot and can be made with decaf. All our hot drinks can be made using skimmed, soya or oat milk at no extra charge.

<b>Cappuccino</b>	3.5
<b>Latte</b>	3.5
<b>Americano</b>	3.5
<b>Mocha</b>	3.5
<b>Espresso</b>	2.75
<b>Flat white</b>	3.5

**Duchy Iced Latte** 4.5  
With coconut milk and vanilla syrup

**Syrup** 1  
Add vanilla, caramel, hazelnut, gingerbread or chai syrup to any hot drink

Lars & Margo - Colombian organic coffee filter

Cafetiere for 1	3.5
Cafetiere for 2	5.5

## TEAS

**Westcountry Tea Company** 3  
English breakfast | Earl grey | Peppermint | Sencha green tea | Rooibos | Chamomile & Elderflower

## HOT CHOCOLATE

**Belgian Hot Chocolate** 3.5  
Belgian chocolate buttons steamed with Trewithen dairy milk. Choose from dark, milk, or white chocolate

add whipped cream, marshmallows and chocolate sauce 1.5

add a kick with a shot of Copperfish Spiced Rum 4.5

## SOFT DRINKS

**Cornish mineral water**  
Still / sparkling 2.5 / 4

**Polgoon elderflower presse** 3.5

**Navas Cornish ginger beer** 3.5

**Polgoon lemonade** 3.5

**Apple juice** 3

**Diet Coke** 3.5

**Smooth squeezed orange juice** 3

**Garden Spritz** 5

Apple & Rhubarb Country Cordial with Navas Ginger Beer

**Woodland Breeze** 5

Cranberry, apple and lemon Country Cordial with sparkling water & blackberries

**Homemade Lemon & Duchy Botanical Lemonade** 4

## BEERS AND CIDERS

**Cornish Orchards Heritage Cider** 6.5  
(500ml) 5%

Full-bodied and gently sparkling with ripe apple flavour

**Korev (500ml) 4.8%** 6.5

Helles style Cornish lager, with a wonderful pale colour and a clean, crisp, taste

**Dynamite TNT IPA (500ml) 4.8%** 6

Crisp, easy drinking with bitter hop kick

## G & T

**Duchy Nursery Signature G&T**

Served with Cornish tonic water, red apple and rosemary

Single 7.5 | Double 9.5