

WINES

WHITES/ROSÉ Bottle 175ml 250ml
Sauvignon Blanc. Vistamar Brisa £18.95 £4.95 £6.50
 2015/16. Central Valley. Chile. Expressive aromas of grapefruit and green apple. There is a well-balanced palate which is fresh and fruity, leading to a clean finish.

Chardonnay. Puzzle Ridge £19.95 £4.95 £6.75
 2015/16. Berton Vineyards. Australia. Generous aromas of passionfruit and mango with hints of honey and vanilla. The palate is rich and creamy with peach and sweet citrus.

Pinot Grigio. Delle Venezie £21.95 £5.25 £7.50
 IGT. 2013/14. Veneto. Belfiore. Italy. A rich and nutty dry white wine with hints of white peach and quince.

Zinfandel Rosé. Stallions Leap £18.95 £4.95 £6.50
 2014/15. USA. Layers of strawberry, pomegranate and flowers with a hint of sweetness.

REDS Bottle 175ml 250ml

Merlot. Vistamar Brisa £18.95 £4.95 £6.50
 2015/16. Central Valley. Chile. Intense aromas overlaid with notes of wood. In the mouth it is fruity with rounded tannins leading to a long finish of mature fruits.

Rioja Vega. Sin Crianza £20.95 £5.25 £7.50
 2014/15. Bodegas Muerza. Spain. Soft and fruity with flavours of plum and blackcurrant. Vibrant and juicy. Tempranillo grapes are used to make a soft, easy style.

Shiraz. Puzzle Ridge £19.95 £4.95 £6.75
 2015/16. Berton Vineyards. Australia. Spicy white pepper and ripe plum balanced with smoky oak.

FIZZ

Prosecco Pergola. Extra dry £23.95
 Dry, fresh and clean with a harmonious and pleasantly vivacious palate. Fragrances of acacia and wisteria flowers, apple, pear and apricot in a light alcohol style.

Prosecco Prestige Collection £6.95
 Brut DOC. Mionetto. Italy. 20cl bottle.

Camel Valley Brut £49.95
 2013/14. Methode Traditionelle. Cornwall. This crisp superb sparkler has good fruit and elegant, long-lasting bubbles. Made lovingly less than ten miles from the Nursery.

SPIRITS

Tarquin's Cornish Gin 25ml £4.75
 and Fever-Tree tonic.

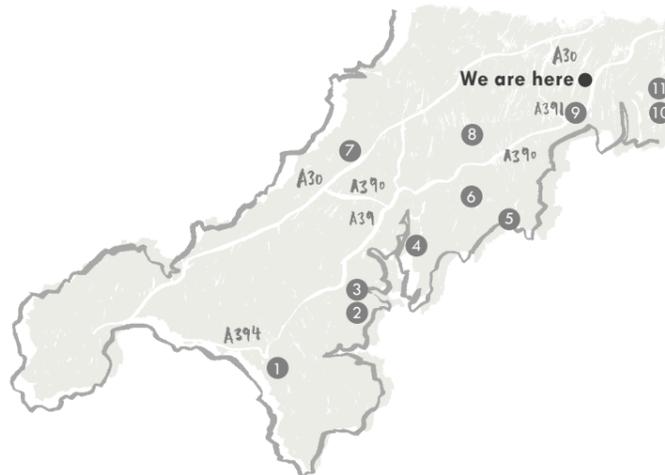
We also serve glasses of wine in 125ml size; please ask for details.

WHERE OUR FOOD COMES FROM...

We work hard to bring you the best locally produced fresh food and source as many of our ingredients and services as possible from other local businesses and suppliers.

A few of our local heroes:

- 1 Origin Coffee.
- 2 Westcountry Fruit Sales.
- 3 Rowe's Cornish bakers.
- 4 Tregothnan Tea.
- 5 Tywardreath Butchers.
- 6 Nick Orton Game.
- 7 Callestick Farm ice cream.
- 8 Hanson Fine Foods.
- 9 Kittow's Butchers.
- 10 Simply Fish, Castang Wines, Cornish Orchards.
- 11 Penbuge Farm organic eggs.



DUCHY of CORNWALL
 NURSERY

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Social media:

Facebook @duchyofcornwallnursery
Instagram @duchynursery
Twitter @DuchyNursery

DRINKS

COFFEE

Our coffee is supplied by Origin, ethically sourced, and roasted and blended in Helston.

Caffè latte	sm £2.55/lg £2.95
Cappuccino	sm £2.55/lg £2.95
Americano	sm £2.40/lg £2.75
Mocha	sm £2.75/lg £3.25
Espresso (double)	£2.60
Flat white (double shot)	£2.95
Single-origin batch-brew filter coffee	£2.55
Hot chocolate	£2.95
add marshmallows and cream	75p

All our coffees are available as decaffeinated, with skimmed milk or soya milk, at no extra charge.

TEA

Clipper teas

Fairtrade pot for one	£1.90
Organic Earl Grey	£1.90
Organic decaffeinated	£1.90
Organic peppermint	£1.90
Organic lemon and ginger	£1.90
Organic green tea	£1.90
Organic chamomile	£1.90
Organic red berry	£1.90

Tregothnan Estate distinguished Cornish-grown tea
 Pot of classic Tregothnan tea for one £2.50

CHILLED DRINKS

Cornish mineral water (still or sparkling) sm	£1.95/lg £3.50
Cornish Orchards Apple Juice (still or sparkling)	£2.95
Cornish Orchards Cranberry & Raspberry Sparkle	£2.95
Cornish Orchards Elderflower Pressé	£2.95
Cornish Orchards Ginger Beer	£2.95
Cornish Orchards Lemonade	£2.95
Fentimans Curiosity Cola	£2.95
Diet Coke	£2.50

BEER/CIDER

Cornish Orchards Gold Cider 4.5%	500ml	£4.95
Cornish Orchards Blush Cider 4%	500ml	£4.95
Harbour Amber Ale 4%	500ml	£4.75
Brewed in Cornwall.		
Harbour Pilsner 5%	330ml	£4.50
Brewed in Cornwall.		



CAFÉ MENU

HE who
PLANTS
 a GARDEN

plants
HAPPINESS

OPEN TILL 4.30 PM

BREAKFAST

Served until 11.15am

All with complimentary orange juice and free top-ups of any purchased teas or filter coffees.

Full Cornish breakfast ☺ GF

Fried or poached organic eggs, sautéed mushrooms, Tywardreath sausage, dry-smoked bacon, sautéed potatoes and herb-roasted tomato.
£8.95

Vegetarian breakfast ☺ GF

Fried or poached organic eggs, sautéed mushrooms, sautéed potatoes and herb-roasted tomato.
£7.50

Add toast to your breakfast for only £1

Tywardreath smoked bacon sandwich on farmhouse white ☺ GF

£6.95
Add a fried egg for £1

Roasted herb tomatoes and crushed avocado on granary toast GF

£7.95
Add a poached egg for £1

Sautéed wild mushrooms ☺ GF

On granary toast with feta and rocket.
£7.95

Chocolate, hazelnut and banana toasty

You've got to try it!
£5.50

Smoked salmon and scrambled eggs ☺ GF

On granary toast.
£9.95

Toast

Two slices of your choice with Trewithen butter and Boddington's jam or marmalade.
£3.50

Teacake

Toasted with Trewithen butter.
£2.75

SANDWICHES, SNACKS AND SOUPS

Main menu available from 11.30am to 4.30pm

Sandwiches served with salad garnish

Coronation chicken and coriander ☺ GF £8.50

On your choice of granary or farmhouse white with mango chutney on the side.

Tywardreath dry-cured smoked bacon ☺ GF £6.95

On farmhouse white.

Duchy ploughman's sandwich GF £8.95

Home-cooked honey-and-mustard-glazed ham, Davidstow cheddar, beetroot, pickle and winter slaw on the side.

Cornish-ale-braised onion, cheddar and balsamic kale toasty GF £7.95

'Fish finger sandwich' ☺ £8.95

Catch of the day goujons, homemade tartare sauce and pea shoots served on soft farmhouse white.

Today's soup ☺ GF £6.95

Always vegetarian and served with homemade bread.

Duchy onion soup £7.95

A twist on the French classic with a melting Cornish Gouda croute and herbs. Delicious!

Cornish pasty £5.50

Classic steak or cheese and onion.

PLEASE READ

☺ These dishes can be made in smaller portions for children under 12 and will include complimentary fruit cordial.

If you have any dietary requirements or food allergies please ask a member of the team who will gladly supply you with detailed information on our menu items.

All items marked as GF are or can be made upon request with gluten-free ingredients but may not be prepared or served in a totally gluten-free environment.

MAINS

Cornish fish pie £10.95

Winter vegetables.

Butternut squash, spinach and feta tart £8.95

Roasted garlic and lemon potatoes, apple and celeriac slaw and Duchy salad.

Spiced chickpea and bean burger GF £9.95

Homemade fig chutney in a rosemary focaccia bun. Served with sweet-potato wedges and Duchy salad.

Duchy venison burger £10.95

In a focaccia bun with gherkins and sweet-potato wedges. Add homemade cranberry chutney and Cornish blue cheese for only £2.95

Home-cooked honey-and-mustard-glazed ham and organic eggs ☺ GF £8.95

Served with bubble and squeak.

Pan-fried free-range supreme of chicken £13.95

Leek and potato gratin, sautéed winter greens and red wine jus.

Pan-fried calf's liver, smoked bacon and onions ☺ GF £9.95

With bubble and squeak and red wine jus.

Roasted cod GF £11.95

Chorizo, chickpea and roasted tomato ragout.

Duchy 'mac and cheese' £9.95

Baked macaroni with Cornish cheeses, sun-blushed tomatoes and garlic bread.

Fisherman's board £13.95

Smoked mackerel, today's goujons, potted prawns, apple and celeriac slaw, aioli, tomato and beetroot salad and toasted crostini.

A warm salad of caramelised vegetables £8.95

With mixed grains, mint, beetroot and crumbly feta cheese.

Please ask for children's sandwich options

We are able to offer a gluten-free roll for the sandwiches and baguettes and serve them open with salad.

SIDES

Apple and celeriac winter slaw £2.95

Roasted garlic and lemon potatoes £3.75

Dressed mixed leaves and feta £3.75

Toasted garlic and herb focaccia £3.50

PUDDINGS

Today's fruit crumble £5.50

Custard, clotted cream or pouring cream.

Lemon posset £5.50

With raspberry shortbread.

White chocolate rice pudding £5.50

With apple compote and cinnamon apple crisps.

Callestick Farm Cornish ice creams and sorbets GF £1.85

Please ask for today's flavours. Price per scoop.

AFTERNOONS AND OCCASIONS

Cornish cream tea

Two freshly baked scones of your choice, Trewithen clotted cream, Boddington's jam and tea or filter coffee. Additional £1 for espresso coffees or any soft drink.
£5.95

Duchy afternoon tea/with prosecco or warm winter Pimm's

(Prior booking only)
£15.95/£19.95

A great way to celebrate any special occasion or to catch up with friends and family.

A beautiful selection of finger sandwiches, saffron and mini cakes, and a mini Cornish cream tea with unlimited filter coffees or teas.

Reservations taken between 2.30pm and 3.45pm with at least 24 hours' notice with full payment required on booking. Tables can be reserved inside or on the terrace. Maximum 14 people.

CAKES AND TREATS

Please see our counter for today's wonderful homemade selection, where you will always find gluten-free options.